

Psychology Resources by Centre Pediatrics

Alexandra Haney-Dupuy, PsyD

1330 Beacon Street, Suite 263
Brookline, MA 02446
(617)-934-7516

*Treats anxiety, mood disorders, child behavior problems, eating disorders trauma, relational conflict; Uses CBT, DBT, stress management, hypnosis, mindfulness, play therapy

Andrew Aspel, PhD

17 Lincoln Street
Newton, MA 02461
(617)-340-3468

*Treats ADHD, anxiety, autism; Treatments include CBT, DBT, social skills training, depression therapy, psychological testing

Behavioral Health Roots

1093 Beacon Street, Suite 402
Brookline, MA 02446
(617)-308-2009

*Psychiatric medication management, psychotherapy, psychiatric consultation, ADHD testing

Beth Kuo, PsyD

1359 Centre Street
Newton, MA 02459
(617)-928-9039

*Specializes in OCD, anxiety, weight loss; Treats ADHD, behavioral issues, coping skills, grief, obesity, oppositional defiance, parenting, relationships issues, self-esteem; Uses CBT, coaching, mindfulness-based, family systems

Boston Child Study Center

729 Boylston Street, 5th Floor
Boston, MA 02116
(857)-400-9211

bostonchildstudycenter.com

*Neuropsychological assessment, comprehensive diagnostic evaluation, CBT, DBT, ABA, parent-child interaction therapy, mindfulness training, acceptance and commitment therapy

Brookline Community Mental Health Center

41 Garrison Road
Brookline, MA 02445
(617)-277-8107

brooklinecenter.org

*Only for patients who live in, go to school in, or have parents who work in Brookline

Carolyn Mcloughlin, MSW, LICSW

1415 Beacon Street, Suite 200
Brookline, MA 02446
(617)-682-9042

*Psychotherapy with parent coaching, individual therapy, depression, anxiety

Carol Wintle, MA, LMHC

113 Belmont Street
Belmont, MA 02478
173 Mount Auburn Street
Watertown, MA 02472
(617)-823-7070

carol@carolwintle.com
carolwintle.com

*Ages 2+; Mindfulness-based therapy for children and adolescents; Accepts BCBS, Tufts insurance, private pay

Cathryn M. Freid, PhD

17 Lincoln Street, Suite 3A
Newton, MA 02461
(617)-553-9222

cfreid@cathrynfreidphd.com
cathrynfreidphd.com

*Ages 12+; Specializes in eating disorders, anxiety, OCD, depression, body image concerns, life transitions, parent guidance, relationship issues

Colleen M. Casey PsyD

46 Austin Street #303

Newton, MA 02460

94 Pleasant Street

Arlington, MA 02476

(617)-564-3522

drcolleencasey@gmail.com

drcolleencasey.com

*Treats depression and anxiety, difficulties related to trauma, and sibling conflict; Uses CBT, psychodynamic, family system, and strength-based approaches; Only accepts BCBS

Commonwealth Psychology Associates

Back Bay/Financial District/Newton

(617)-259-1895

commpsych.com

*Ages 8+; Counseling and therapy offered for depression, anxiety, phobias, social skills training, stress management; ADHD testing and treatment, autism spectrum evaluations

Comprehensive Psychiatric Associates

372 Washington Street

Wellesley, MA 02481

(789)-489-2350

wellpsych.com

*Mental health services for children; Psychopharmacology, individual psychotherapy, family psychotherapy, parent counseling and consultation

Dana Group Associates

220 Reservoir Street, Suite 21

Needham, MA 02494

(781)-449-1143

info@dana-group.org

dana-group.com

*Psychiatric assessment and medication management for emotional problems, cognitive problems, mood problems, anxiety, ADHD

Deborah Offner, PhD

190 Summer Street

Newton, MA 02459

(617)-941-4577

*Specializes in the interface of social-emotional and academic issues, including the impact of anxiety on academic performance

Donna Podorefsky, PhD

1400 Centre Street

Newton Center, MA 02459

(617)-965-7034

Ellen S. Goldberg, PhD

1340 Centre Street, Suite 204

Newton Center, MA 02459

(617)-922-5026

*Provides comprehensive psychological and neuropsychological evaluations; Assessments for autism and Asperger's

Insight Psychotherapy

1269 Beacon Street 3rd Floor

Brookline, MA 02446

233 Needham Street

Newton Upper Falls, MA 02464

(617)-834-4235

info@insightbrookline.com

insightbrookline.com

*Providers that speak Spanish, Mandarin, Chinese; Treat developmental delays, clinical assessments, college adjustment, anxiety, depression, PTSD, parental guidance

Jill Bloom, PhD

33 Garrison Road

Brookline, MA 02445

(617)-731-8968

*Treats anxiety, depression self-harm with CBT

Judge Baker Children's Center

53 Parker Hill Avenue
Boston, MA 02120
(617)-232-8390
info@jbcc.harvard.edu
jbcc.harvard.edu

*Clients ages 2 - 19 years; Offers effective child therapy, college success and independent living program, summer enrichment institute; Treats ADHD, OCD, PTSD, anxiety, depression, panic disorder, stress disorder, phobias

Katharine Thomson, PhD

300 Longwood Avenue, Fegan, 8th Floor
Boston, MA 02115
(617)-355-6680

*Attending psychologist at Boston Children's Hospital department of psychiatry

Maria Luisa Victoria, PhD

370 Washington Street
Brookline, MA 02445
(617)-277-5878

*Group therapy, play therapy; Specialties include bipolar disorder, manic depressive disorder, sleep disorders

MGH Child Cognitive Behavioral Therapy Program

151 Merrimac Street, 3rd Floor
Boston, MA 02114
(617)-643-9898
massgeneral.org/psychiatry/services/

*CBT therapy includes two components: cognitive strategies and behavioral interventions

North Suffolk Mental Health Association

(617)-889-3300 Chelsea
(617)-569-3189 East Boston
(617)-912-7800 Boston
northsuffolk.org

*Accepts MassHealth; Clinical and individual therapy for ages 3 - 18, Early intervention services and after school programs for ages 6 - 12

Renee Hoekstra, PsyD

305 Newbury Street, Suite 41
Boston, MA 02115
(617)-981-5079
drhoekstra@reenehoekstra.com
reenehoekstra.com

*Adolescent groups and teen parent classes

Riverside Community Care

270 Bridge Street, Suite 301
Dedham, MA 02026
(781)-329-0909
riversidecc.org

*Outpatient therapy for children, early childhood services (ages 0-6), developmental disability programs

Samuel Skeen, PsyD

264 Beacon Street, 3rd Floor
Boston, MA 02116
(484)-406-4289

*Ages 5+; Specializes in psychotherapy and treating anxiety and OCD

Thrive Boston Counseling and Psychotherapy

872 Massachusetts Avenue, Suite 2-2
Cambridge, MA 02139
(617)-395-5806
thriveboston.com

*Psychiatry, psychological testing, executive coaching, life coaching, family therapy, individual therapy

3East (McLean Hospital)

115 Mill Street
Belmont, MA 02478
(877)-967-7233 Residential and Step-Down
(617)-855-2820 Partial Hospitalization
(617)-674-5332 Outpatient Clinic
mclean3east@partners.org

*Provide individualized programs for teens who have symptoms of self harm, impulsivity, depression, anxiety, disordered eating, suicidal thoughts; Residential, step-down, partial hospital programs, outpatient clinic