

# Parent Coaching Resources by Centre Pediatrics

## **Carolyn Stone, EdD**

30 Lincoln Street  
Newton Highlands, MA 02461  
(617)-630-1523  
drcarolynstone.com

\*Ages 12+; Individual and group parent coaching sessions and workshops; Problem-focused, time sensitive and collaborative

## **The Clay Center for Young Healthy Minds**

1 Bowdoin Square, Suite 900  
Boston, MA 02114  
(617)-724-8690  
contact@mghclaycenter.org  
mghclaycenter.org

\*Parenting concern articles ranging from psychiatric disorders to learning and attention issues, to the effect of digital media on adolescent mental health

## **Jill Bloom, PhD**

33 Garrison Road  
Brookline, MA 02445  
(617)-731-8968

\*Parent coaching; Treats anxiety, depression self-harm with CBT

## **The Leggett Group**

Christine Sweeney, LICSW  
4238 Washington Street  
Roslindale, MA 02131  
(857)-273-2123  
theleggettgrouptherapy.com

\*Parent mentoring, new mom groups, pregnancy/postpartum mentoring, substance abuse and pregnancy, pregnancy loss, pregnancy after loss, infertility, postpartum mood disorders

## **Parenting Journey**

Amy Brinn, LICSW  
366 Somerville Avenue  
Somerville, MA 02143  
(617)-628-8815  
parentingjourney.org

\*Teaches parents about child development and the correct way to discipline; Integrates self-discipline, reflection, leading by example with children

## **MGH Aspire Professional Development Services & Parent Training**

55 Fruit Street  
Boston, MA 02114  
(617)-860-1900  
mghaspire@partners.org

\*Professional development and parent training

## **Social Dynamix**

Carol Feldman Bass  
10 Chestnut Street  
Needham, MA 02492  
(781)-559-3196  
carol@socialdynamix.net  
socialdynamix.net

\*Initial 60-minute consultation; Safe play and private "play space" established; Goal to reduce social anxiety

## **Think: Kids**

Karen Kraut, MPH  
15 Merrimac Street  
Boston, MA 02114  
(617)-643-6030  
thinkkidsinfo@partners.org  
thinkkids.org

\*Collaborative problem solving approach, parent coaching groups