

Eating Disorder Resources by Centre Pediatrics

BCH Eating Disorder Program

333 Longwood Avenue, 5th Floor
Boston, MA 02115
(617)-355-7178

*Consultation, medical evaluation, medical treatment, mental health consultation, nutrition evaluation and counseling psychiatric evaluation

Brookline Counseling

Andrea Hernandez, LICSW
1309 Beacon Street, 3rd Floor
Brookline, MA 02446
(617)-934-5474
andrea@brookline-counseling.com
brookline-counseling.com

*Body image and eating disorder treatment, therapy for depression and anxiety

Cambridge Eating Disorder Center

3 Bow Street
Cambridge, MA 02138
(888)-900-2332
info@cedcmail.com
eatingdisordercenter.org

*Girls ages 12+; Services include residential, partial hospital, intensive outpatient, and outpatient treatment programs for individuals suffering; Routine lab work and phone consultation required prior to admission

Cathryn M. Freid, PhD

17 Lincoln Street, Suite 3A
Newton, MA 02461
(617)-553-9222
cfreid@cathrynfreidphd.com
cathrynfreidphd.com

*Ages 12+; Specializes in eating disorders, anxiety, OCD, depression, body image concerns, life transitions, parent guidance, relationship issues

Lazaro Zayas, MD

71 Langley Road, Suite 21
Newton, MA 02459
(617)-299-9029
lazarozayasmd.com

*Affiliated with Harvard and MGH; Attending psychiatrist at MGH Eating Disorders Clinical and Research Program; Psychotherapy, psychoanalysis, medication evaluation and management

Klarman Eating Disorders Center

Patricia A. Tarbox, MSW, LICSW
Esther Dechant, MD
Holly S. Peek, MD, MPH
115 Mill Street, Bowditch Building
Belmont, MA 02478
(617)-855-3410
mcleanhospital.org

*Residential and partial programs offered; Medical, psychiatric, psychological, nutritional evaluation; Medication management, self-esteem and body image development, restaurant outings, consultations for trauma and substance abuse

MGH Eating Disorders Clinical and Research Program

2 Longfellow Place, Suite 200
Boston, MA 02114
(617)-726-8470

*Evaluate current and past eating disorder symptoms, review previous psychiatric care, identify immediate and long term medical concerns, formulate a treatment plan based on current evidence-based approaches

The Renfrew Center

Lori Ciotti, LICSW
Jillian Hartman, LMHC
870 Rear Commonwealth Avenue
Boston, MA 02115
1-800-736-3739
renfrewcenter.com

*Girls ages 14+; Programming consists of day treatment, intensive outpatient, individual/family therapy, nutrition therapy, psychiatric consultation; Anorexia and bulimia

Sarah Frenette, LCPC, LMHC

1130 Beacon Street, Suite 349
Brookline, MA 02446
(617)-340-8275

*Specializes in treating eating disorders and body image concerns, anxiety disorders, depression, trauma, substance abuse, grief, stress, life transitions, relationship problems

Sinead McLaughlin, LICSW

185 Devonshire Street, Suite 902
Boston, MA 02110
(781)-559-7149

*Speaks English and Spanish; Uses CBT and psychotherapy; Specializes in trauma and attachment theory; Eating disorder treatment

Metrowest Nutrition - 3 Locations

Newton:

1400 Centre Street, Suite 207
Newton, MA 02459
Nikki Vance, nutritionist specializing in eating disorders

Framingham:

5 Edgell Rd, Suite 39
Framingham, MA 01701

Westborough:

125 Turnpike Road, Suite 2
Westborough, MA 01581
Tel: 617-332-2282
Fax: 508-302-0507

info@metrowestnutrition.com

Vanessa Kane-Alves, RDN, LDN

1101 Beacon Street, 4W, Suite 6
Brookline, MA 02446
(617)-834-2994

vanessa@vanessakanealves.com
vanessakanelves.com

*Registered dietitian nutritionist

Walden Eating Disorders Treatment

9 Hope Avenue, Suite 500
Waltham, MA 02453
(781)-647-6700

waldeneatingdisorders.com

*Inpatient, residential partial hospitalization intensive outpatient programs; Treat variety of eating disorders: anorexia, bulimia, binge eating disorder, avoidant/restrictive food intake disorder, other specified feeding or eating disorders, orthorexia, diabulimia